

PROGRAM

July - December 2020

* **Travel Club** (monthly outings)

July
August
September
October
November
December

outings cancelled
(due to COVID-19)

(outings are subject to change)

**Morning tea and Lunch
included**

Cost: \$32.00

A cost of \$2.50 each way
applies if you require
transport to and from the
Centre



Relax in an
air-conditioned coach

All tours depart from and return to Centre

Community Garden

Short of garden space at home?
Come along and have a garden
bed to grow vegetables and herbs

Raised garden beds available

Cost **\$2.00** a week
includes soil and fertilizers

Join our friendly team of
garden volunteers

Enquiries:
8376 0022



Camden Community Op Shop

Cnr Carlton Rd and Carlisle Street Camden Park
(entrance on Carlton Road)

Bargains galore:

clean quality men's, ladies and children's clothing, shoes,
books, handbags, small household items, crockery,
records, bric-a-brac, linen and much more..

Clean quality donations are gratefully accepted

3 days a week

Monday / Wednesday / Friday

10:00am - 2:00pm



The
Department
of Health



Government of South Australia
Department of Human Services



Strengthening
Local Communities
Proud member of Community Centres SA



MONDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am - 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**



Community Connections is a social group for frail, older people (aged 65 years and over or 50 years and over for Aboriginal & Torres Strait Islander people)

A funded program by (CHSP)
Commonwealth Home Support Program

CAMDEN MEN'S SHED

Monday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**



TUESDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**

CAMDEN MEN'S SHED

Tuesday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**

Sample of
hand-crafted
products made
by our
men's shed
volunteers

Orders taken



Camden Community Centre is a not for profit organisation that is focused on services to the community.

We welcome donations and coordinate fundraising activities to support the Centre in providing meaningful activities to our local Community.

If you would like to support our Centre or have suggestions or activities that you would like to attend (that are not currently offered), please contact us on **8376 0022**

WEDNESDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**

CAMDEN MEN'S SHED

Wednesday **9:30am - 3:00pm**

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**

PILATES EXERCISE CLASS

Weekly in the Reed Room

Wednesday **6:30pm - 7:30pm**



Contact: **Katie**

0433 099 623



PLEASURE ART CLASS

2:00pm - 4:00pm

If you have no experience, but are keen to learn about drawing, water colours and other art mediums, why not come along and join us.

support and guidance at a low cost of **\$5.00**

ALL WELCOME

come along and meet new friends

Phone: **8376 0022**

THURSDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

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Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**

CAMDEN MEN'S SHED

Thursday **9:30am - 3:00pm**

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders, paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**



For your herbs or veggies orders taken

For a special gift

Laser
printing
available



FRIDAY

'CLOSE TO MY HEART'

Scrapbooking, stamping and card making
Workshops - Classes held Monthly

Friday evenings **7:30pm - 11:30pm**

Saturday afternoons **1:00pm - 5:00pm**

Contact **Sarah** on **0417 840 450**
www.sarahshipton.ctmh.com.au



VOLUNTEERS

*Camden Community Centre
gratefully acknowledges the
contribution volunteers
give to the Centre*

Volunteer programs include:

Op Shop
Men's Shed - Woodwork
Social Programs
Kitchen Assistance
Grounds, Maintenance and Gardening
Community Garden

Benefits of Volunteering at Camden:

- ◆ Meet new friends
- ◆ Learn new skills
- ◆ Increase knowledge
- ◆ Have fun
- ◆ Contribute to your community

SATURDAY

'CLOSE TO MY HEART'

Scrapbooking, stamping and card making
Workshops - Classes held Monthly

Friday evenings **7:30pm - 11:30pm**

Saturday afternoons **1:00pm - 5:00pm**

Contact **Sarah** on **0417 840 450**
www.sarahshipton.ctmh.com.au

CAMDEN'S BINGO

Saturday **7:30pm - 9:30pm**

Camden Hall
cnr Carlton Rd and Carlisle Street
Camden Park

Doors open at 5:30pm

food, snacks and soft drinks available to purchase

Raffles ... Great Prizes to be won

FREE tea/coffee/biscuits

An evening of **FUN** and **ENJOYMENT**



Friendly Atmosphere
ALL WELCOME

Enquiries: **8376 0022**

PUBLIC TRANSPORT

Buses 262, 263, 265, N262

Stop 15 Anzac Highway

Bus H20

Stops 14a Stonehouse Avenue
15c or 15d Morphett Road

Bus 167 and 168

Mooringe Avenue via Morphett Road

Glenelg Tram

Stop 12
Morphett Road

* Although funding for the Community Connections CHSP Social Group programs has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.